Physical Education Syllabus

**Miss Pritts**

**Grades 4-8**

**St. Patrick’s School**

**Panther Physical Education Philosophy**

St. Patrick schools’ physical education program closely follows the state standards of the Ohio Department of Education. Our goal is to create students who will develop a healthy mind, body and spirit throughout their tenure in the St. Patrick school community. St. Patrick’s’ physical education program strives to lay the foundation of a student’s physical development while integrating the emotional, social, and more importantly intellectual components to develop the whole student.

It is our goal to have the St. Patrick student leave our school prepared to meet the physical demands of life, enjoy sport and physical activity during leisure time, and be armed with enough knowledge to live a healthy life.

**Student Expectations: Teacher Expectations: GLUE:**

Trustworthy Teach Give

ResponsibilityEnforce Little

Respect Advocate Unexpected

Fairness Model Extras

Caring

Citizenship

**Dress Code**

* ALL students are to dress daily for class
* ALL students must wear tennis shoes: NO Sperry’s, Toms, boots, moccasins, sandals or shoes which are deemed inappropriate for physical activity. A student may be asked to sit out of class activities and lose daily points if appropriate footwear is not available.
* ALL shoes with laces are to be tied before class begins
* T-shirts are required. A student may wear a long sleeved shirt or sweat shirt, however they may not have a school shirt underneath.
* NO tank tops or muscle shirts
* Gym shorts or sweat pants are required all shorts must meet the school dress code in length
* NO spandex or yoga pant per school policy, you MUST wear shorts over them.

\* Tying of students shoes has been an issue over the past few years. **This is a safety hazard!!!!**  Please make sure your child has a pair of tennis shoes for Physical Education class.

**Please make sure you are dressed properly for class. If you are inappropriately dressed you will be sent back to change resulting in a loss of 2 points for the day.**

**Required Materials**

* **Gym shoes**
* **Appropriate clothing**
* **3 pronged folder for Physical Education ONLY**
* **5-10 sheets of notebook paper**
* **Pencil – NO pen; especially quizzes**
* **Open mind ready to learn**

**Class Rules**

**1. Come to class prepared to learn and with all required materials for the day**

**2. Bring a daily change of clothes**

**3. Carry over the same behavior you would have in front of an adult into the**

**changing rooms**

**4. Travel to and from class in a respectful manner**

**5. Arrive to class within 3-4 minutes of the bell, or have a signed note from your**

**teacher**

**6. Food, candy, and gum are not allowed during class activities**

**7. Use all equipment as instructed; misuse of equipment may result in removal from**

**class or replacement of the damaged equipment**

**8. Listen attentively to daily instruction and other classmates when they are**

**providing classroom information**

**9. Be a good sport and use your gifts to assist others**

**Injury and Illness**

**\* If a student has an injury, please send in a doctors’ note excusing them from physical activity. Please be reminded: If a student can’t participate in my class, it is also very likely they should not be participating in recess activities as well.**

**A student WILL NOT lose points because of injury, however if the injury is for a prolonged period of time they may be asked to do in class work related to the topic covered to get credit.**

**ALL students who have been out of class for injury MUST have a doctors’ release to return to class.**

**Disciplinary Action:**

**\*\*\* All discipline will closely follow the school handbook**

Demerits will be assigned for any repeated classroom infringement. Only after the third demerit will a student receive an after school detention. There may be situations, which may occur that will result in an automatic detention. Determination of such an action will be at the discretion of the principal.

**Grading Policy**

Physical Education classes follow the same grading policy as the school**. Please be sure to read the Middle School Policies in regards to Projects.**  The following percentages are approximate averages for each 9 weeks. They may vary from each grading period.

**Grades 6-8 Grades 4-5**

**Class assignments = 20% Class Assignments = 25%**

**Tests/Quizzes = 30% Participation/Dress = 50%**

**Participation/Dress = 50% Quizzes =25%**

Participation points are scored as follows:

Each day dressed and actively participating = 4pts.

Not dressed, but participating = 2pts.

Neither dressed nor participating = 0 pts.

WITHOUT a written excuse or as a result of removal from class activities

**My EMAIL ADDRESS: mpritts@youngstowndiocese.org**

**\*\*\*VISIT OUR PHYSICAL EDUCATION WEBSITE**

**@ STPATRICKPE.WEEBLY.COM**

* **You will find monthly updates specific to your child’s class**
* **Project sheets**
* **Class Syllabus**
* **Study Guides**
* **Permission slips, Jump A Thon and Hoops for Heart**
* **Resources/videos/articles**
* **Panther Fitness Info**

**Please sign and Return in your students PE folder**

**Student**

**I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ read what was expected of me for physical education class.**

**student signature**

**Parent**

**I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ read and understand the St. Patrick physical education syllabus and expectations of my son/daughter; including the grading policy from which they will be graded upon.**

**\* If you have any questions please feel free to ask!**

**Sincerely,**

**Miss Pritts**

**Physical Education Teacher**